

# Johns Hopkins Bayview Medical Center

## CLINICAL RESEARCH UNIT

Policy: 162

Dual Energy X-Ray Absorptiometry (DXA & Pregnancy Testing)

Original Date: April 10, 2003

Previous Date: None

Reviewed Date: None

Purpose: To delineate requirements for fetus safety when a CRU Dual Energy X-ray Absorptiometry (DXA) is part of an approved CRU protocol.

### Policy:

1. To reduce potential fetal risk, pregnancy testing must be included in the IRB-approved consent form, as an assessment of pregnancy status.
2. Pregnancy status may be determined using either urine or blood testing procedures.
3. Pregnancy testing will be conducted on any woman of childbearing age, who has not had a hysterectomy and is between the ages of 14 and 49. Staff may request pregnancy testing for subjects
  - a. Younger than 14 if they suspect the subject is sexually active and
  - b. Not postmenopausal which is defined as having amenorrhea for at least 12 months.
4. Results from pregnancy testing must be in the CRU research record prior to initiation of the DXA.
5. If the pregnancy test is positive, the DXA will not be performed. Results will be charted, and the Principal Investigator/Research Coordinator will be notified immediately. It is not the responsibility of the CRU to relay results to the participant.

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Pamela Ouyang, MD  
CRU Program Director

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Cindy Walters RN, MSN  
Nursing Director for Maternal Child  
Health and Research Nursing,  
Manager of Ambulatory Oncology  
Services